



Anatomy & Physiology Course Requirements

To receive a diploma from the Yoga Veda Institute of Ayurvedic Medicine at the level of Ayurvedic Health Counselor, Ayurvedic Practitioner and/or Ayurvedic Yoga Therapist, all students must complete a minimum of 6 college-level credits or equivalent (90 contact hours) of Anatomy & Physiology (A&P). Once a student has completed their A&P requirements, students must email a copy of their transcript(s), as well as a detailed course syllabus, to hello@yogavedainstitute.com for Administrative review.

Students have up to one (1) year upon completion of their diploma program to complete the Anatomy & Physiology requirement. However, Yoga Veda Institute will not issue a diploma until all requirements have been met.

The following online courses have been approved by the Yoga Veda Institute to satisfy the A&P requirement. Students must receive a minimum of 70% (C-) or higher.

- [Integrated Anatomy & Physiology Program](#)

Straighterline

- [Integrative Anatomy & Physiology I](#)
- [Integrative Anatomy & Physiology II](#)

If a student wishes to complete the A&P requirement through another online or in person at a local college/university program, students must submit a copy of their transcripts highlighting 6 college college-level credits or equivalent (90 contact hours) of Anatomy & Physiology, and a detailed course syllabus showing that the student has covered the following material on Page 2:



Anatomy & Physiology I (45 hours):

- Introduction to the Anatomy of the body
- Physiology Chemistry of the body
- Cells and Tissues
- Blood
- Cardiovascular system
- Lymphatic system
- Nervous system
- Senses
- Endocrine system

Anatomy & Physiology II (45 hours):

- Respiratory system
- Nutrition
- Digestive system
- Urinary system
- Skin
- Defense and immunity
- Musculoskeletal system
- Genetics and inheritance
- Reproductive system

Please note that the Yoga Veda Institute of Ayurvedic Medicine has the right to deny transcripts if they do not meet the A&P curriculum requirements, and we highly encourage students to do their due diligence by submitting as many supporting documents as possible if using an outside source.