



Client Encounter Requirements
Effective July 1, 2022

Āyurvedic Health Counselor (AHC) Client Encounters

	Observation		Supervised		Independent Practice
AHC (Minimum 50 Client Encounters)	Group setting (In person/Live streaming)	One to one (In person/Live streaming)	Group (In person/Live streaming)	One to one (In person/Live streaming)	Student case reports are reviewed by faculty before chikitsa can be provided to the client
	10 maximum		30 minimum		10 maximum
Initial	Out of 50 Client Encounters minimum 15 should be initial consultation				
In person	Out of 50 Client Encounters minimum 15 should be in person				

AHC Clinical Hours

Title	Hours	Consultation hours
Minimum AHC clinical hours	75 hours	Maximum two hours for Initial Consultation and maximum one hour for follow up

Āyurvedic Practitioner (AP) Client Encounters

Requirements in addition to AHC requirements

	Observation		Supervised		Independent Practice
AP (Minimum 100 Client Encounters)	Group setting (In person/Live streaming)	One to one (In person/Live streaming)	Group (In person/Live streaming)	One to one (In person/Live streaming)	Student case reports are reviewed by faculty before chikitsa can be provided to the client
	15 maximum		75 minimum		20 maximum
Initial	Out of 100 Client Encounters minimum 30 should be initial consultation				
In person	Out of 100 Client Encounters minimum 30 should be in person				

AP Clinical Hours

Title	Hours	Consultation hours
Minimum AP clinical hours	150 hours	Max two hours for Initial Consultation and maximum one hour for follow up

Ayurvedic Doctor (AD) Client Encounters

Requirements in addition to AHC & AP requirements

	Observation		Supervised		Independent Practice
AD (Minimum 150 Client Encounters)	Group setting (In person/Live streaming)	One to one (In person/Live streaming)	Group (In person/Live streaming)	One to one (In person/Live streaming)	Student case reports are reviewed by faculty before chikitsa can be provided to the client
	20 maximum		90 minimum		40 maximum
Initial	Out of 150 Client Encounters minimum 50 should be initial consultation				
In person	Out of 150 Client Encounters minimum 50 should be in person				

AD Clinical Hours

Title	Hours	Consultation hours
Minimum AD clinical hours	300 hours	Maximum two hours for Initial Consultation and maximum one hour for follow up