



FOUNDATION COURSES

Ayurvedic Yoga Therapy Foundations & Ayurvedic Nutrition: These courses are on-demand and self-paced and lay the foundation for your Ayurvedic studies.

CHIKITSA

Taught by Dr. Poilan, together we will explore Ayurvedic treatment & management of doshic imbalances. Within Ayurveda, there exists an entire framework for treatment and intervention, and in Chikitsa, we learn how to recommend or prescribe the appropriate food, lifestyle, and herbal choices and proper therapies to help your patients/clients maintain and regain good health.

HERBOLOGY II

Taught by KP Khalsa, this course discusses Ayurvedic herbalism from Practitioner level, and focus on the role of herbs in food and diet in the current American lifestyle and treating disease pathologies.

SPIRITUAL HEALTH & HEALING

Taught by co-founder Andy Betancourt, SH&H is an interactive course for professionals dedicated to enhancing their clients' well-being by exploring the relationship between spirituality and health. Together, we will undergo a journey into the ancient teachings from a practical standpoint.

ADVANCED CLINICAL INTERNSHIP

Lead by Marek Sawicki, this program allows our advanced students who are scheduled to graduate in Spring 2020 with their Ayurvedic Practitioner certificate gain clinical experience.

Which classes should I enroll in?

Did I complete Chikitsa?

No

Yes

Did I complete
Ayurvedic Anatomy?

Herbology II +
Advanced Clinical Internship

No

Yes

Spiritual Health & Healing
+ Foundation Courses

Am I on the fast-track?

No

Yes

Chikitsa
+ Spiritual Health & Healing

Did I complete
Herbology Foundations?

No

Yes

Chikitsa + Foundation Courses
+ Spiritual Health & Healing

Chikitsa + Herbology II +
Spiritual Health & Healing

HOW DO I REGISTER?

August 19th, you will receive an email asking you which classes you would like to enroll in.

All you need to do to enroll is click the "enroll" link.

Once you click the link, an email will notify YVI that you have enrolled in the class.

Please do NOT email YVI before August 19th to tell them which classes you want to enroll in.

All you need to do is click the enroll link August 19th.

Registration is open from
August 19–August 21

FAQ'S

What are the Foundation Courses?
Ayurvedic Yoga Therapy and Ayurvedic Nutrition

What is the fast-track?
If students choose to earn their AP diploma in two years, they may take two classes each term in addition to the SH&H/Internship to graduate in less time.

I completed Ayurvedic Anatomy and the Foundation Courses but I did not complete Herbology Foundations. I want to be on the fast-track. Can I take Herbology II?
Contact YVI and for approval.

Do I need to participate in live classes this term?
If you have not yet completed the Foundation Courses, you can focus on them, however, we suggest that you still enroll in Spiritual Health & Healing

When are the live classes scheduled?
You can view the course calendar at
www.yogavedainstitute.com/event-calendar/

When will Chikitsa's live class be offered?
Due to flooding in India, we have not been able to schedule a day/time for this weekly class. Keep an eye on the Course Calendar and your Inbox.

Do I need to attend the live classes? It conflicts with my schedule.
If you plan to pursue state-licensing in the USA, you need to meet the required live contact-hours with your teachers. If you cannot come to the live classes this term, you will have opportunity in future terms but understand that you need to come to as many live classes as possible.

What if my question wasn't answered?
Please review our FAQ page:
www.yogavedainstitute.com/frequently-asked-questions/
If your question wasn't answered there, you may email YVI at hello@yogavedainstitute.com