

Registration Before 2018

Curriculum

Required:

Foundations of Ayurvedic Yoga Therapy
Ayurvedic Nutrition
Ayurvedic Anatomy
Clinical Assessment
Women's Health II
Herbology II
Panchakarma

Not required but strongly suggested:

Yoga Philosophy
Advanced Nutrition
Women's Health I (formally known as Prenatal & Natal Ayurveda)
Herbology I (formally known as Herbology Foundations)
Psychology I
Chikitsa II
Clinical Internship
Spiritual Health & Healing Internship

Registration in Spring 2018 :: Class of Spring 2020

Curriculum

Required:

Foundations of Ayurvedic Yoga Therapy
Ayurvedic Nutrition
Yoga Philosophy
Ayurvedic Anatomy
Clinical Assessment
Women's Health II
Herbology II
Panchakarma

Not required but strongly suggested:

Advanced Nutrition
Women's Health I (formally known as Prenatal & Natal Ayurveda)
Herbology I (formally known as Herbology Foundations)
Psychology I
Chikitsa II
Clinical Internship
Spiritual Health & Healing Internship

Registration in Winter 2018 :: Class of Fall 2020

Curriculum

Required:

Foundations of Ayurvedic Yoga Therapy
Ayurvedic Nutrition
Yoga Philosophy
Ayurvedic Anatomy
Clinical Assessment
Women's Health II
Herbology II
Panchakarma
Clinical Internship

Not required but strongly suggested:

Advanced Nutrition
Women's Health I (formally known as Prenatal & Natal Ayurveda)
Herbology I (formally known as Herbology Foundations)
Psychology I
Chikitsa II

Spiritual Health & Healing Internship

Registration in Spring 2019 :: Class of Fall 2021

Curriculum

Required:

Foundations of Ayurvedic Yoga Therapy
Ayurvedic Nutrition
Yoga Philosophy
Ayurvedic Anatomy
Clinical Assessment
Women's Health II
Herbology II
Panchakarma
Clinical Internship
Spiritual Health & Healing Internship

Not required but strongly suggested:

Advanced Nutrition
Women's Health I (formally known as Prenatal & Natal Ayurveda)
Herbology I (formally known as Herbology Foundations)
Psychology I
Chikitsa II

Registration in Summer 2019 :: Class of Fall 2021

Curriculum

Required:

Foundations of Ayurvedic Yoga Therapy
Ayurvedic Nutrition
Yoga Philosophy
Ayurvedic Anatomy
Clinical Assessment
Women's Health II
Herbology II
Panchakarma
Clinical Internship
Spiritual Health & Healing Internship

Not required but strongly suggested:

Advanced Nutrition
Women's Health I (formally known as Prenatal & Natal Ayurveda)
Herbology I (formally known as Herbology Foundations)
Psychology I
Chikitsa II

Registration in Fall 2019 :: Class of Fall 2021

Curriculum

Year-1:

Foundations of Ayurvedic Yoga Therapy
Ayurvedic Nutrition

Year-2:

Women's Health II
Herbology II

Yoga Philosophy
Ayurvedic Anatomy
Clinical Assessment
Women's Health I
Herbology I
Clinical Internship
Spiritual Health & Healing Internship

Chikitsa II
Panchakarma
Psychology I

Registration in Winter 2020 :: Class of Fall 2022

Curriculum

Year-1:

Foundations of Ayurvedic Yoga Therapy
Ayurvedic Nutrition
Yoga Philosophy
Ayurvedic Anatomy
Clinical Assessment
Women's Health I
Herbology I
Clinical Internship
Spiritual Health & Healing Internship

Year-2:

Women's Health II
Herbology II
Chikitsa II
Panchakarma
Psychology I